

Anal-Rectal Surgery Preparation
Milk of Magnesia Preparation

Name of Patient: _____

Date: _____ **Time of Surgery:** _____

TWO DAYS BEFORE YOUR SURGERY:

1. On _____ take **4 Tablespoons** of Milk of Magnesia in the evening.

DAY BEFORE YOUR SURGERY:

1. On _____ **BEGIN A CLEAR LIQUID DIET (ALL DAY).**

This includes: Bouillon, Jell-O (no red or purple), apple juice, white grape juice, lemonade, Gatorade (**no red or purple**), coffee, tea, pop, **NO DAIRY PRODUCTS!**

2. Take **4 Tablespoons** of Milk of Magnesia in the evening (around 7:00 pm)
3. Nothing by mouth after midnight (**except your medications**).

DAY OF SURGERY:

1. Take one package of Fleet Enema in the morning (2 hours prior to registration).

SPECIAL INSTRUCTIONS:

- Call the Pre-Surgical Testing department ASAP so that a nurse could conduct a short medical interview (over the phone) and also give you registration instructions for surgery.
- Do not take **Aspirin**, or anything with aspirin in it (i.e. motrin, advil, ibuprofen, aleve, excedrin), for at least 7 days before the exam. Tylenol is O.K.!
- If you are taking **Coumadin**, or any other blood thinners (i.e. plavix, ticlid), let the doctor know.
- If your doctor normally prescribes **Antibiotics** prior to dental work to protect an artificial heart valve, artificial joint, or heart murmur, let the doctor know so we can give you antibiotics.
- If you take insulin or pills for diabetes, take only half of your normal dose of diabetic medication the DAY BEFORE and the MORNING OF the exam. Monitor your blood sugar levels and drink an 8 oz. glass of APPLE JUICE with each clear liquid meal, and at bedtime.