

Visicol Preparation
Colonoscopy Instructions: Farmington

Name of Patient: _____

Date: _____ **Registration Time:** _____ **Day:** _____

******* Please obtain the Visicol tablets from your pharmacy *******
(Use the prescription given to you by our office)

DAY BEFORE EXAM:

1. On _____ **BEGIN A CLEAR LIQUID DIET (ALL DAY).**

This includes: Bouillon, Jell-O (no red or purple), apple juice, white grape juice, lemonade, Gatorade (**no red or purple**), coffee, tea, pop, **NO DAIRY PRODUCTS!**

!!! It is important to drink as much water or clear liquids as you can throughout the day !!!!

2. At **6:00 p.m.**, begin taking 6 Visicol tablets every 30 minutes with 8oz. of clear liquids. You may stop the tablets after you have taken a total of 30 pills.

(6 pills at 6pm; 6 pills at 6:30pm; 6 pills at 7pm; 6 pills at 7:30pm; 6 pills at 8pm)

3. Nothing by mouth after midnight (**except your medications**).

DAY OF PROCEDURE:

1. You may take all of your daily prescribed medications normally with a sip of water. Your normal medications will not affect your bowel preparation or examination.
2. Arrive at the Michigan Endoscopy Center (30055 Northwestern Hwy #L-60; Farmington Hills, Mi 48334) no later than the registration time written above.
3. You will be given I.V. sedation before the exam (usually valium & demorol). You are required to have someone drive you to the hospital, wait during the exam, and drive you back home.

If your driver cannot stay and wait in the hospital during your colonoscopy, your exam will be canceled

SPECIAL INSTRUCTIONS:

- Do not take **Aspirin**, or anything with aspirin in it (i.e., motrin, advil, ibuprofen, aleve, excedrin), for at least 7 days before the exam. Tylenol is O.K.!
- If you are taking **Coumadin**, or any other blood thinners (i.e., plavix, ticlid), let the doctor know.
- If your doctor normally prescribes **Antibiotics** prior to dental work to protect an artificial heart valve, artificial joint, or heart murmur, let the doctor know so we can give you antibiotics.
- If you take insulin or pills for diabetes, take only half of your normal dose of diabetic medication the DAY BEFORE and the MORNING OF the exam. Monitor your blood sugar levels and drink an 8 oz. glass of APPLE JUICE 4 times the day before the exam (morning, noon, afternoon, evening) and once the morning of exam.